

Date: 29-04-2021

Health Bulletin

Time: 06:00PM

कोविड -19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये
दिये गये लिंक पर क्लिक करें

<u>Covid-19 Telephone/ Mobile Directory</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Sample Collection Centers</u>	https://covid19.uk.gov.in/map/sccLocation.aspx
<u>Availability of Beds</u>	https://covid19.uk.gov.in/bedsummary.aspx
<u>Covid-19 Vaccination Sites</u>	www.cowin.gov.in
<u>RT – PCR Testing Report</u>	https://covid19.uk.gov.in/
<u>To get Medical assistant and Doctor's consultation:</u> <u>Free</u> <u>Consultation from Esanjeevani</u>	http://www.esanjeevaniopd.in/Register <u>Download app:</u> https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&hl=en_US Or call: 9412080703, 9412080622, 9412080686
<u>Home Isolation Registration</u>	https://dsclservices.org.in/self-isolation.php
<u>Vaccination (Self Registration)</u>	https://selfregistration.cowin.gov.in/ www.cowin.gov.in
<u>For Plasma Donations</u>	https://covid19.uk.gov.in/donateplasma.aspx
<u>Daily Bulletin</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Travelling to/from Uttarakhand Registration</u>	https://dsclservices.org.in/apply.php
<u>Any other Help</u>	<u>Call 104 (24X7) / State Control Room 0135-2609500/ District Control Rooms of respective district for any other help and assistance.</u>
<u>for any queries and suggestions</u>	covid19statewarroomuk@gmail.com Toll Free Number 104 State Covid-19 Control Room 0135 2609500

For complaints regarding black marketing of medicines and oxygen in Uttarakhand
Landline No. 0135-2656202 and Mobile: 9412029536

COVID-19 Vaccination

☛ Sessions Held Today :	518
☛ Number of Beneficiaries Vaccinated Today :	42136
☛ Number of Beneficiaries Partially Vaccinated:	1634180
Number of Beneficiaries Fully Vaccinated:	392546



COVID-19
Uttarakhand State Control Room

कोरोना के लक्षणों की अनदेखी घातक हो सकती है

सावधानी बरतें क्योंकि कोरोना की दूसरी लहर चल रही है और यह समय थोड़ा कठिन है!



अंदेशा होने पर घबरायें नहीं ! अपना जरूरी टेस्ट करवायें



FEVER



COUGH



SHORTNESS OF BREATH



SORE THROT



HEADACHE

अपने जिले के सरकारी कोविड परीक्षण केन्द्रों की सूची प्राप्त करने के लिये covid19.uk.gov.in पर जायें

Details of Sessions held and Beneficiaries Vaccinated in Uttarakhand

Districts	Sessions Today	Citizens (includes data of 45+ & 60+ years both)			Health Care Worker			Front Line Worker		
		Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	34	2549	98097	16195	0	5829	4726	212	3948	2673
Bageshwar	29	1166	50433	8248	19	2368	2231	195	1725	1302
Chamoli	15	1169	75340	12029	7	3935	3660	179	5739	3694
Champawat	29	1323	46122	4331	0	2159	1821	48	4047	2892
Dehradun	109	9724	295793	54511	0	33874	24245	851	19821	13658
Haridwar	70	4074	183484	26343	29	16726	11420	932	42318	25628
Nainital	51	5273	134773	24245	91	13266	9436	339	8014	5482
Pauri	36	3342	122263	17047	0	7516	6064	118	4949	3240
Pithoragarh	20	1649	56793	9879	23	3835	3327	131	6091	4815
Rudrapur	14	1130	39104	5197	5	2242	1894	132	1825	1114
Tehri	32	2116	90929	14077	47	5958	5161	100	3615	2517
US Nagar	48	3061	145639	22378	133	10986	7482	470	10965	6153
Uttarkashi	31	1322	66442	17338	10	3267	3008	167	3950	3085
Total	518	37898	1405212	231818	364	111961	84475	3874	117007	76253

सावधान!

ऐसे लोग जो बेपरवाह
सार्वजनिक रूप से
घूम रहे हैं, जिनको कोविड
संक्रमण है परन्तु लक्षण नहीं हैं
वह संक्रमण को और अधिक
फैला सकते हैं...

पिछले तीन दिनों के बीच
में जो भी लोग पॉजिटिव व्यक्ति
के करीबी सम्पर्क में आये!!
वो तत्काल अपना कोविड
टेस्ट करवायें..

देरी कभी भी घातक हो सकती है..

कोविड कंट्रोल रूम
या टोल फ्री नम्बर 104
से सम्पर्क करें..



परस्पर दूरी बना कर रखें,
सैनेटाइजर का प्रयोग करें,
अपना फेस कवर / मास्क
हर समय पहने







Positive Cases Today: **6251**



Recovered Today: **3129**



Death Today: **85**



Active Cases: **48318**

S⁺vtv

Sample Positivity: **4.66%**

R%

Recovery Percentage: **68.82%**

1. Total cumulative Positive COVID-19 detected: **174867**
2. Total Number (%) of COVID-19 Patients Treated/ Cured: **120350 (68.82%)**
3. Total Number (%) of COVID-19 patients migrated/ Others: **3696 (2.11%)**
4. Total Number (%) of COVID-19 Deaths: **2502 (1.43%)**
5. Number of samples found negative for COVID-19 today: **28346**
6. Total number of samples sent for COVID-19 testing today: **39852**
7. Total number of cumulative samples found negative: **3577736**
8. Total number of samples result awaited: **31386**



कोविड को हराने के लिये सावधान रहने के अलावा शरीर की रोग प्रतिरोधकता को बढ़ाना भी जरूरी है-





- + ताजा, गर्म, शीघ्र पचने वाला हल्का भोजन करें.
- + यथासंभव गर्म पानी का सेवन करें.
- + चीनी से बने पदार्थों का सेवन कम से कम करें.
- + प्रतिदिन एक चम्मच च्यवनप्राश का प्रयोग करें.
- + तुलसी, दालचीनी, कालीमिर्च व सौंठ 1/2 चम्मच मुनक्का से निर्मित आयुष पेय/हर्बल चाय का स्वादानुसार नींबू/गुड़ आदि को मिलाकर दिन में 1-2 बार सेवन करें.
- + हल्दी, धनिया, जीरा, लहसुन आदि व अन्य मसालों का भोजन में निरामित प्रयोग करें.
- + प्रतिदिन 10 से 45 मिनट कार्मन योग प्रोटोकाल का अभ्यास करें.
- + धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।









Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	1011	1113	101489	198	5006	106495	901
Bageshwar	599	755	75168	107	2167	77335	959
Chamoli	1059	621	108702	125	4796	113498	1522
Champawat	1790	1340	110225	157	3265	113490	1414
Dehradun	10479	6517	635031	2207	60141	695172	6023
Haridwar	14124	10831	1204768	1163	31596	1236364	6288
Nainital	2060	2318	275015	673	21541	296556	1125
Pauri Garhwal	1594	855	192331	253	8589	200920	2199
Pithoragarh	850	137	92921	33	4141	97062	1960
Rudraprayag	673	215	63283	150	3148	66431	1582
Tehri Garhwal	1031	392	127941	163	6686	134627	1308
US Nagar	2967	2351	448480	827	18699	467179	3206
Uttarkashi	1615	901	142382	195	5092	147474	2899
Total	39852	28346	3577736	6251	174867	3752603	31386

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others
Almora	5006	3424	1108	32	442
Bageshwar	2167	1534	590	18	25
Chamoli	4796	3634	1000	22	140
Champawat	3265	1839	1352	12	62
Dehradun	60141	40850	17429	1407	455
Haridwar	31596	19281	11399	251	665
Nainital	21541	15438	5604	372	127
Pauri Garhwal	8589	5655	2381	94	459
Pithoragarh	4141	3460	616	53	12
Rudraprayag	3148	2499	624	18	7
Tehri Garhwal	6686	4457	1535	21	673
U.S. Nagar	18699	14315	3771	180	433
Uttarkashi	5092	3964	909	22	197
Total	174867	120350	48318	2502	3697

District-wise Hotspots/ Containment Zones

S.No.	District	Number Hotspot	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	52	Dehradun (45) 1- Forest College CAS FOS Academy FRI (09-04-2021) 2- Tibetan Homes Building, Charlie Mount, Chaman Estate (13-04-2021) 3- Kargi Banjarawala , Near Kaali Mandir (15-04-2021) 4- Shisham Hostel, FRI (15-04-2021) 5- 625 Satyavihar, Maya Niwas Kishan nagar Chownk (16-04-2021) 6- Unison world School, Mussorrie Road (16-04-2021) 7- Jaypee Hotel Barloganj (16-04-2021) 8- 104 Salawaala (16-04-2021) 9- Tibetan Colony , Dikiling , Shastradhara Road (17-04-2021) 10- 51-C Rajpur Road, PTS College (18-04-2021) 11- 15 B, Inder Road (opposite mandir) (19-04-2021) 12- Parijat Enclave, Badripur (19-04-2021) 13- Vrindavan Vihar Balawaala (19-04-2020) 14- A- Block PCS Colony, Ring Road Ladpur Dehradun (19-04-2021) 15- Rajmati Niwas, Near wood Stock School Bye pass road Mussorrie (19-04-2021) 16- Turner Road No-04, Clement town (19-04-2021) 17- Tagore Bhawan , Rokbi Manor Hotel , Landour Cantt, Mussorrie (20-04-2021) 18- Sarswati Vihar, Block E, Lane No-07 C, Ajabpur Khurd (20-04-2021) 19- Gate No-06, Senior Awas Welham Girls Hostel, Chander Road (22-04-2021) 20- Bhagirathipuram Jakhan (21-04-2021) 21- Defence Colony, Kesar singh Marg (21-04-2021) 22- 202 Dronapuri, GMS Road (21-04-2021) 23- Health Center, Etan Senior School, Balahisar Mussorrie (21-04-2021) 24- MIS School, Kempty Road, Near Polo Ground, Mussorrie (21-04-2021) 25- 159 D, Rajpur Road Jakhan (22-04-2021) 26- Vijay Park , Satya Vihar (22-04-2021) 27- Machhi Talab, Niranjapur (22-04-2021) 28- 23 Shivam Vihar Jakhan (22-04-2021) 29- Bhodgaon Lane No-03, Phase -2, House No-74-A (23-04-2021) 30- New Basti Asha Rodi, Durga Mandir Gali (23-04-2021) 31- New Basti Asha Rodi, Clement Town (23-04-2021) 32- 389 East Patel Nagar, Near Sandalwood School (24-4-2021) 33- Awas Shri Manoj Dhingra, Near 108 Office Chander Nagar (24-04-2021) 34- Shri Chintamani Thapliyal Bhawan, Mussorrie (25-04-2021) 35- House No-04, Land Heart Estate, Dhik Road Mussorrie (25-04-2021) 36- Awas Tibbetan Sakya monestry Rajpur Road (Back Side of Sai Temple) (25-04-2021) 37- Guniyal Gaon (Purkal Road) (26-04-2021) 38- Awas 116/2, Chander Nagar (Shri Tilak Raj Arora) (26-04-2021) Vikas Nagar (03) 1- Gram Vidholi , Near Wood Stock Hostel, Vidholi Road (18-04-2021) 2- Gram Kandoli (24-04-2021) 3- Gram Bansiwaala (26-04-2021) Rishikesh (01) 1- Suman Vihar , Baapu Gram Gali No-03 (25-04-2021) Doiwala (01) 1- Ward No-13, Navjyoti Vihar (15-04-2021)\ Kalsi (2) 1- Haripur Bazar Kalsi (23-04-2021) 2- Vyas Nehari Kalsi (24-04-2021)

			39- 98 Tyagi Road (26-04-2021) 40- Brahamwaala khalla, kandoli (27-04-2021) 41- Sumitra Bhawan, Library Mussorrie (27-04-2021) 42- Marievil Estate , Barloganj (27-04-2021) 43- Shamshegarh Road , Balawala Road (28-04-2021) 44- Lane No-05, Ekta Vihar Shastradhara Road (28-04-2021) 45- 59, Doon Hills Colony Lane No-01, Ring Road (28-04-2021)	
2	Haridwar	9	<u>Roorkee (04)</u> 1- Radha Krishan Bhawan IIT Roorkee (16-04-2021) 2- Patanjali Yog Peeth , Phase-02, Block -2,Kashyap Bhawan (19-04-2021) 3- Canal View Apartment (Compound) 39 Civil Line IIT Roorkee , Jamuna Road (23-04-2021) 4- Kotley Bhawan, New Hostel Vigyan Kunj Boy, New Hostel Vigyan Kunj Girl Radha Krishna Bhawan (23-04-2021)	<u>Haridwar (1)</u> 1- Arya Vanprasth Ashram, Arya Nagar Jwalapur (27-04-2021) <u>Laksar (02)</u> 1- Kasturbha Gandhi Balika Vidhyalaya Gordhanpur (15-04-2021) 2- Gram Gordhanpur , Bhojan mata home and near home roads (17-04-2021) <u>Bhagwanpur (02)</u> 1- Gram Balswaganj (16-04-2021) 2- Gram Kunja Bhadarpur (26-04-2021)
3	Nainital	37	<u>Haldwani (34)</u> 1- Nababi Road , Kulyalpura (16-04-2021) 2- Murli Parisar, kalawati Chauraha , Barsati Nehar Road , Link Marg , Malla Gorakhpur (16-04-2021) 3- E- Block Near blossom School , Judgefarm (16-04-2021) 4- Amrawati Colony , Phase -2, Talli Bhamori (16-04-2021) 5- Oposite Gyanando School , Amarwati Colony Talli Bhamori (16-04-2021) 6- Back side of sharda Factory , Near St. Teresa School (16-04-2021) 7- Pant Grill Udyog, Near S. Band , Saket Vihar Himmatpur Malla (16-04-2021) 8- Near Yogita Banquet Hall , Ashok Vihar , Phase -2, Kathghariya (16-04-2021) 9- Ganesh Nagar, Phase -03(19-04-2021) 10- Madhuvan Colony, Near White Hall School, Lohariyasaal, Tala (19-04-2021) 11- Near Navrang Beauty Parlour, Badripura (19-04-2021) 12- Dr. Manoj Joshi Waali Gali, Pandey Niwas Talla Gorakhpur (19-04-2021) 13- Usha Roopak Colony, Oposite Deepti Public School, Kamulwaganja (20-04-2021) 14- Chinpur kusumkheda , Opposite Bharat Petrol Pump (20-04-2021) 15- House No-89, Jagatpuram Colony , Near Rise & Shine School Himmatpur Malla (20-04-2021) 16- Adarsh Colony, Near Sarswati Banquet Hall, Himmatpur Malla (20-04-2021) 17- Kohli Colony, Near Harshit Medical Store , Kusumkheda (20-04-2021) 18- Backside of Nagar Nigam office , Barsati Nehar Road, Malla Gorakhpur (20-04-2021) 19- Near Purana RTO office, Kathgodam (22-04-2021) 20- Backside of Devashish Hotel, Bhotia Padao Haldwani (22-04-2021) 21- Backside of Harikripa Banquet, Near DAV School, kusumkheda Haldwani (22-04-2021) 22- Opposite of Crazy Kitchen , Thakur Dwara Gali, kathgodam (22-04-2021) 23- Dwarika Puri , Phase -01, RTO Office Road, Kusumkheda	<u>Ramnagar (02)</u> 1- Near Copper Restaurant waali Gali,, Chorpanni Ramnagar (23-04-2021) 2- Bharatpuri Ramnagar (Shri Dhanshyam Chimwaal home to Shri Balam singh Home tak) (23-04-2021) <u>Kaushya Kutoli (01)</u> 1- Kharna Garampanni Bazar (28-04-2021)

			Haldwani (22-04-2021) 24- Gali no-07, Rampur Road, Haldwani (22-04-2021) 25- Near City Gift Shop, Badripura Haldwani (22-04-2021) 26- Rautela Colony, Roop Nagar choti Mukhani (22-04-2021) 27- Trilok Nagar Malli Bhamori (24-04-2021) 28- Near Kapilaj Restaurant, Pilly kothi Mukhani (24-04-2021) 29- Ganga Enclave, Near Mahila Degree College (24-04-2021) 30- Near Tikku Modern School, Anand Bagh Bhotiya Padao (24-04-2021) 31- Trilok Nagar, Opposite Savitri School , Laldanth Road (24-04-2021) 32- Madhulika Vihar , Oposite LIC Office, kaladungi road (24-04-2021) 33- Near Baba Balaknath Mandir , Shiv pur Unchapul (24-04-2021) 34- Vishnupuram Himmatpur Malla , Bhagwanpur Road (24-04-2021)	
4	Pauri	12	<u>Kotdwar (07)</u> 1- Shri Dharmendra Negi House Paschim Disha Road & Purab Disha Road (24-04-2021) 2- Divya Tiwari House, Shivraj pur RCD opposite school gate kotdwar(25-04-2021) 3- 124 Devi Road, Kotdwar (25-04-2021) 4- Jal Nigam Store DL Road Sukhro (24-04-2021) 5- Bank Colony Johnpur (24-04-2021) 6- Back side of Bisht Classe, kashirampur talla (24-04-2021) 7- Devram pur, Ward No-32, Shivraj pur (24-04-2021) <u>Chakisain (01)</u> 1- Rath Mahavidhyalaya Paithani (24-04-2021)	<u>Srinagar (03)</u> 1- Hotel Chandralok, Srikot, Ganganali (11-04-2021) 2- Swarg Ashram Laxman Jhula (18-04-2021) 3- Pramarth Niketan Ashram (18-04-2021) <u>Pauri (01)</u> 1- Gram Dhob, Srikot Patti Nandlasyu (20-04-2021)

5	Uttarkashi	35	<u>Bhatwari (14)</u> 1- Gram Badahaat , Bhairav chownk (17-04-2021) 2- Gram Ghamdigaon (19-04-2021) 3- Gram Gyansu I (19-04-2021) 4- Gram Ladhadi I (19-04-2021) 5- Gram Gyansu , Patti Badahaat up Tehsil Joshiyada II (28-04-2021) 6- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, III (Shurashvar Singh House) (28-04-2021)\ 7- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, IV (Jitendra Dharveshwari house) (28-04-2021) 8- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, V (Pradeep & Lalita Bisht House) (28-04-2021) 9- Gram Gyansu, Patti Badahaat Up Tehsil Joshiyada, VI (Ashish Chauhan House) (28-04-2021) 10- Gram Ladhadi, Patti Badahaat, Up Tehsil Joshiyada (Pulled House Colony) II (28-04-2021) 11- Gram Ladhadi, Patti Badahaat, Up Tehsil Joshiyada (Bhatt Niwas) III (28-04-2021) 12- Gram Ladhadi, Patti Badahaat, Up Tehsil Joshiyada (Negi Bhawan) IV (28-04-2021) 13- Gram Ladhadi, Patti Badahaat, Up Tehsil Joshiyada (Polytechnic) V (28-04-2021) 14- UJVN Ltd Officer Colony , Chinyalisaud (29-04-2021) <u>Dhunda (02)</u> 1- Gram Bhamangaon (17-04-2021) 2- Gram Chakon (19-04-2021) <u>Joshiyada (03)</u> 1- Gram Kuroli (19-04-2021) 2- Gram Ladhadi (26-04-2021) 3- Gram chamkot (26-04-2021)	<u>Barkot (11)</u> 1- Nagar Palika Parisad, Ward No- 5, 6 Near ITI Gate (20-04-2021) 2- Nagar Palika Parisad, Ward No- 4 (20-04-2021) 3- Nagar Panchayat, Ward No-04, Naogaon (21-04-2021) 4- Madhya Sakrola, tok dobata (21-04-2021) 5- Nagar Palika Parisad Barkot, Ward No- 05 Anshik (23-04-2021) 6- Nagar Palika Parisad Barkot Ward No- 03 Anshik (23-04-2021) 7- Kendriya Vidhyalaya Rajghadi (24-04-2021) 8- Ward No-07, Nagar Palika Parisad Barkot (25-04-2021) 9- Gram Upradi (25-04-2021) 10- Gram Dandalgaon (27-04-2021) 11- Ward No-04, Nagar Palika Parisad (27-04-2021) <u>Purola (05)</u> 1- Court Road, Ward No-04, Nagar Panchayat (19-04-2021) I 2- Court Road, Ward No-04, Nagar Panchayat (19-04-2021) II 3- Court Road, Ward No-04, Nagar Panchayat (19-04-2021) III 4- PHC- Mori (25-04-2021) 5- Gram Upala Math (26-04-2021)
6	Udhamsingh Nagar	43	<u>Kicha (01)</u> 1- Ward No-1, Chukti (16-04-2021 to 29-04-2021) <u>Rudrapur (30)</u> 1- H-1/7A Flat No-22, Metropolis City Rudrapur (22-04-2021 to 05-05-2021) 2- C- 1/2 Metropolis City Rudrapur (22-04-2021 to 05-05-2021) 3- B-14, Flat no-11, Metropolis City, Rudrapur (22-04-2021 to 05-05-2021) 4- Rohan- C,302, Omex Rivera , Rudrapur (22-04-2021 to 05-05-2021) 5- Nizer-107 Omex Rudrapur (22-04-2021 to 05-05-2021) 6- Abro-01-407, Omex Rivera, Rudrapur (22-04-2021 to 05-05-2021) 7- CMO Office Niwas, Rudrapur (21-04-2021 to 05-05-2021) 8- Bitu -15 Omex Rivera Rudrapur (22-04-2021 to 05-05-2021) 9- Gate no 407, Omex Rivera Rudrapur (22-04-2021 to 05-5-2021) 10- D1/5 Metropolis (22-04-2021 to 05-05-2021)	

			11- H-1/5 Flat No-23 Metropolis City (23-04-2021 to 06-05-2021) 12- C 1 Flat No-33 Metropolis City (23-04-2021 to 06-05-2021) 13- B-2/1 Flat No-21 Metropolis City (23-04-2021 to 06-05-2021) 14- A-2 Flat No-43 Metropolis City (23-04-2021 to 06-05-2021) 15- D-3/2 , Flat No-64 Metropolis City (23-4-2021 to 06-05-2021) 16- H- 204, Omex Rivera (24-04-2021 to 06-05-2021) 17- Ward No-37, Kalyani View Hall , opposite Rangat hotel , Near HP Petrol Pump (24-04-2021 to 06-05-2021) 18- Ward No-08, Shiv Nagar, Near Jai Hind Public School (24-04-2021 to 06-5-2021) 19- Kaungo B, 108 OMEX Rivera (24-04-2021 to 06-05-2021) 20- D1, D2 Adarsh colony (26-04-2021 to 07-05-2021) 21- Malik Colony Gali 07 (26-04-2021 to 07-05-2021) 22- JLN Campus (26-04-2021 to 07-05-2021) 23- Ward No-19 Awas Vikas, Sudhubaar (26-04-2021 to 7-05-2021) 24- Ward no-03 Kishanpur ISD (26-04-2021 to 07-05-2021) 25- Mini/Micro CZ - Vim Square Colony, Phase 1, H. No-25 (27-04-2021) 26- Mini/Micro CZ - Khushi Enclave House No-16, Near Railway Crossing , Bhurarani Road (27-04-2021) 27- Mini/Micro CZ - Beta -18, Airport Pantnagar (27-04-2021) 28- Mini/Micro CZ - Behind Agarsen Hopsital , Near Desire Public School ,Badiyapura (27-04-2021) 29- Mini/Micro CZ - G-23, Metropolis City (27-04-2021) 30- Mini/Micro CZ - 31 Lamda, NH -87 OMAX Rivera (27-04-2021) <u>Kashipur (04)</u> 1- Rani Padmavati Colony Kashipur (22-04-2021 to 05-05-2021) 2- Rani Padmavati Colony 2 (22-04-2021 to 05-05-2021) 3- Ashram Mata Mandir Road (22-04-2021 to 05-05-2021) 4- Albert School Kashipur (22-04-2021 to 05-05-2021) <u>Sitarganj (7)</u> 1- Dohra Ajaniya (24-04-2021 to 02-05-2021) 2- Ward No-02, Shakti Farm (24-05-2021 to 02-05-2021) 3- Ward No-11 (24-05-2021 to 02-05-2021) 4- Navdiya Nanakmatta (24-04-2021 to 02-05-2021) 5- Gram Nirmal Nagar (26-04-2021 to 04-05-2021) 6- Dohra, Lal Farm u, Tehsil Nanakmatta (24-04-2021 to 02-05-2021) 7- Gram Nirmal Nagar, Rajkiya Prathamik Vidhyalaya (26-04-2021 to 04-05-2021) <u>Gadarpur (1)</u> 1- Gram Kopa, Thanda Nala Gularbhoj (23-04-2021 to 05-05-2021)
7	Champawat	18	<u>Tanakpur (11)</u> 1- Gram Boraghat, Purnagiri (17-04-2021) 2- Roadways Colony, Gram Bichai (17-04-2021) 3- Roadways Colony (19-04-2021) 4- Railway Colony (19-04-2021) 5- Pithorgarh Chungi (22-04-2021) 6- Ward No-03, Banbasa (22-04-2021) 7- Kharkwal Garden (25-04-2021) 8- Vishnupuri Colony (25-04-2021) 9- Bhajanpur Bankhet (25-04-2021) 10- Gram Chandani (28-04-2021) 11- Gram Aambagh (28-04-2021) <u>Champawat (02)</u> 1- JNV Champawat (28-04-2021) 2- Vill Maunpokhri (28-04-2021) <u>Banbasa (1)</u> 1- Canal Colony (19-04-2021) <u>Lohaghat (2)</u> 1- HathrangiyaWard (16-04-2021) 2- Khiri (25-04-2021) <u>Barakot (1)</u> 1- Bantadi (25-04-2021) <u>Pati (1)</u> 1- Pati Bazar (25-04-2021)
8	Chamoli	03	<u>Gairsain (01)</u> 1- Gram Kusrani Bichali (20-04-2021) <u>Ghat (01)</u> 1- Kurud, 127 TA Bataliyan Garhwal Rifal Camp (26-04-2021) <u>Karanpravag (01)</u> 1- Near Gram Bhatnagar, Railway Construction Company, DBL Parisar (27-04-2021)

9	Tehri	09	Tehri Gharwal (05) 1- Shivalik Company , Near B Puram (21-04-2021) 2- Rajkiya Nursing College Sursingh Dhar, Hostel (24-04-2021) 3- Court Colony C –Block, Type I , Bhawan No- 4,5,7, Type -2 Bhawan No- C-11,12(18-04-2021) 4- Sector 9B, Bhawan N0- B 6 (18-04-2021) 5- Bhawan No- 8-A/150 Borari (29-04-2021) Narendranagar (02) 1- Nagar Palika Parisad, Munikireti, Ward No-06 (20-04-2021) 2- Nagar Palika Parisad, Munikireti, Ward No-04, Gali No-02 (22-04-2021) Kirti Nagar (1) 1- CHC, Kirti Nagar (20-04-2021) Ghansali (1) 1- Ghansali Bypass, Shri Deepak Rana Awas (24-04-2021) 1-
10	Rudraprayag	01	Ukthemath (01) 1- Jwahar Navodhya Vidhyalaya Parisar Jakhdhar (Guptkashi) (17-04-2021)
	Total	219	



घर बैठे ही डॉक्टर से स्वास्थ्य सम्बंधित परामर्श लें

कोरोना होम आइसोलेशन मरीजों के लिए उत्तराखण्ड सरकार की पहल

टेलीमेडिसिन सेवा के साथ राज्य के प्राइवेट अस्पतालों के 12 विशेषज्ञ चिकित्सक भी परामर्श दे रहे हैं।

अपनी
स्वास्थ्य समस्याओं
के निदान के लिए
डॉक्टर से बात
करें



वर्चुअल
ओपीडी

CARDIOLOGY

EYE SPECIALIST

GENERAL PHYSICIAN



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पोर्टल: www.esanjeevaniopd.in/Register

EVERYDAY CONSULTATION
9:00 AM - 6:00 PM

TELEMEDICINE UNIT NHM, UTTARAKHAND

Patients may contact through: 1) Phone call 2) WhatsApp Voice call 3) WhatsApp Video call

ENT

GYNAECOLOGIST

PEDIATRICS & NEONATES

राष्ट्रीय स्वास्थ्य मिशन, चिकित्सा स्वास्थ्य एवं परिवार कल्याण, उत्तराखण्ड द्वारा जनहित में जारी।

Details of Patients Treated & Cured and Death

Treated & Cured

DISTRICT NAME	Treated & Cured in last 24 hrs
ALMORA	7
BAGESHWAR	0
CHAMOLI	47
CHAMPAWAT	5
DEHRADUN	1118
HARIDWAR	594
NAINITAL	530
PAURI GARHWAL	0
PITHORAGARH	0
RUDRA PRAYAG	30
TEHRI GARHWAL	34
UDAM SINGH NAGAR	691
UTTAR KASHI	73
Total	3129

Hospital Wise Death

District	Hospital Wise Death	No. of Death
Dehradun	Aarogyadham Hospital, Dehradun	2
	AIIMS Rishikesh, Dehradun	10
	Govt.Doon Medical College, Dehradun	16
	Himalayan Hospital, Dehradun	8
	Kailash Hospital, Dehradun	4
	Lehman Hospital, Dehradun	2
	Max Hospital, Dehradun	3
	MH Dehradun	2
	ONGC Hospital, Dehradun	1
	Shri Mahant Indiresht Hospital, Dehradun	8
	Subharti Hospital, Dehradun	1
Haridwar	Aarogyam Hospital, Haridwar	2
	Shri Swami Bhumanand Hospital, Haridwar	1
	Vinay Vishal Healthcare Roorkee, Haridwar	5
Nainital	Dr. Susheela Tiwari Govt. Hospital, Haldwani	1
Pauri Garhwal	HNB Base Hospital, Srinagar	9
Rudraprayag	DH Rudraprayag	1
US Nagar	Prayas Hospital Khatima, US Nagar	3
	Sanjeevani Hospital Kashipur, US Nagar	4
	The Medicity Hospital Rudrapur, US Nagar	1
Uttarkashi	DH Uttarkashi	1
Grand Total		85

Situation Update, Uttarakhand

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease.

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19 test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.



Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500

WhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874
Bageshwar	05963-221822
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239072
Nainital	05946-281234
Paurigarhwal	01368-222213
Pithoragarh	05964-297551
TehriGarhwal	01376-234793
Rudraprayag	01364-233727
U.S. Nagar	05944-246590
Uttarkashi	01374-222641, 7417162869



SOCIAL DISTANCING
is for your own Safety